

APRIL

Pinellas County Elementary School Lunch Menu

Fun Fact!

Earth Day is April 22nd, & was 1st recognized in the US in 1970; it became observed worldwide by 1990. Earth Day is about learning different ways to protect our environment.




DAILY BREAKFAST CHOICES

Hot or cold breakfast choices are available daily, i.e.: Breakfast Sandwich, Pancakes, Cereal & Toast, or Cereal Bar & Toast. Must choose at least 1: Fruit or Juice. May choose 1 Milk: Skim, Low Fat White, or Fat Free Chocolate.

DAILY LUNCH CHOICES:

Choose 1: Entrée. Must choose at least 1: Fruit or Vegetable (may choose up to 2 servings each of fruits & veggies with lunchmeal) May Choose 1 Milk; Skim, Low Fat White, or Fat Free Chocolate.

Also available for lunch daily: Meat or Meatless Entrée, Entrée Salads, Cold Sandwiches, Hot & Cold Vegetable choices, Variety of Fruits (fresh or cupped) & Juices

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pancake Pup <u>Choose One:</u> Chicken & Waffle Cheesy Bread Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Peas <u>or</u> Green Beans- Marinara Cup Fresh Veggie Dippers	2 Scrambled Egg, Bacon, & Biscuit <u>Choose One:</u> Featured Entrée: <i>Soft Chicken Tacos</i> Corn Dog Farmers' <u>or</u> Apple-A-Day Salad PBJ Jamwich Kit <u>Choose:</u> Baked Beans Romaine Salad	3 Glazed Dunker <u>Choose One:</u> Chicken Drumstick w/ <i>Hush Puppy</i> Pasta with Meatballs & Sauce <u>or</u> Ravioli & Roll Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Steamed Broccoli Florets Sliced Cucumbers	4 Bacon, Egg & Cheese Pizza <u>Choose One:</u> Beef Rib B Q Sandwich Cheese Stick & Toasted Ravioli Boat Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Sweet Potato Waffle Fries Leafy Green Side Salad	5 Breakfast Chicken Nibbler <u>Choose One:</u> Pizza Wild Alaskan Ocean Treasure Fish Nuggets w/ <i>Roll</i> Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich <u>Choose:</u> Mashed Potatoes Fresh Veggie Dippers
8 Eggo Mini Confetti Pancakes <u>Choose One:</u> Breaded Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Santa Fe Black Beans Fresh Veggie Dippers	9 Egg & Cheese Croissant <u>Choose One:</u> Featured Entrée: Mandarin Chicken <i>Lo Mein Bowl w/ Egg Roll</i> Grilled Cheese Sandwich Farmers' <u>or</u> Apple-A-Day Salad PBJ Jamwich Kit <u>Choose:</u> Tomato Soup Romaine Side Salad	10 Cinnamon Roll <u>Choose One:</u> Teriyaki Beef Dippers over Rice <u>or</u> Lo Mein Noodles Chicken Nuggets w/ <i>Dip Cup</i> Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Sliced Cucumbers Steamed Broccoli Florets	11 Sausage Biscuit or Sausage & Grits <u>Choose One:</u> Breakfast for Lunch Mini Cheese Calzones Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Deli Roasted Potatoes Leafy Green Side Salad	12 Breakfast Bowl (<i>Cheesy Eggs & Tots</i>) <u>Choose One:</u> Pizza Cheesy <u>or</u> Spicy Fish Filet Sandwich Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich <u>Choose:</u> Corn Niblets Fresh Veggie Dippers
15 Maple Pancake Minis <u>Choose One:</u> Hamburger <u>or</u> Cheeseburger Chicken & Broccoli Penne Alfredo w/ <i>Breadstick</i> Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Sliced Carrots* Fresh Veggie Dippers	16 Breakfast Sandwich (Egg/Ham/Chs) Hot Dog on bun Sloppy Joe Entrée Salad: <i>Farmers or Apple-a-Day</i> Sandwich: <i>Jamwich Kit</i> Side Salad: <i>Romaine</i>	17 Chicken Biscuit <u>Choose One:</u> Chicken Tender Basket w/ <i>Crinkle Oven Fries</i> Macaroni & Cheese Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Sliced Cucumbers Spinach <u>or</u> Collard Greens	18 Sunshine Omelet Wrap <u>Choose One:</u> Beef <u>or</u> Pork Tacos Max Cheese Sticks Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Refried Fiesta Beans Leafy Green Side Salad	<h1>NO SCHOOL</h1>
22 Pancake Pup <u>Choose One:</u> Chicken & Waffle Cheesy Bread Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Peas <u>or</u> Green Beans- Marinara Cup Fresh Veggie Dippers	23 Scrambled Egg, Bacon, & Biscuit <u>Choose One:</u> Featured Entrée: <i>Homestyle Meatloaf w/ Gravy & Roll</i> Corn Dog Farmers' <u>or</u> Apple-A-Day Salad PBJ Jamwich Kit <u>Choose:</u> Au Gratin Potatoes Baked Beans * Romaine Salad	24 Glazed Dunker <u>Choose One:</u> Chicken Drumstick w/ <i>Hush Puppy</i> Pasta with Meatballs & Sauce <u>or</u> Ravioli & Roll Yogurt & Fruit Parfait Ham & Cheese Croissant <u>Choose:</u> Steamed Broccoli Florets Sliced Cucumbers	25 Bacon, Egg & Cheese Pizza <u>Choose One:</u> Beef Rib B Q Sandwich Cheese Stick & Toasted Ravioli Boat Chef Salad Chicken Caesar Wrap <u>Choose:</u> Marinara Cup Sweet Potato Waffle Fries Leafy Green Side Salad	26 Breakfast Chicken Nibbler <u>Choose One:</u> Pizza Wild Alaskan Ocean Treasure Fish Nuggets w/ <i>Roll</i> Chicken Caesar Salad Turkey & Cheese Ciabatta Sandwich <u>Choose:</u> Mashed Potatoes Fresh Veggie Dippers
29 Eggo Mini Confetti Pancakes <u>Choose One:</u> Breaded Chicken Sandwich Loaded Beef & Cheese Nachos Fruit & Yogurt Plate Bologna & Cheese Sandwich <u>Choose:</u> Santa Fe Black Beans Fresh Veggie Dippers	30 Egg & Cheese Croissant <u>Choose One:</u> Featured Entrée: Chicken Slider <i>Basket w/ Emoticon Potatoes</i> Grilled Cheese Sandwich Farmers' <u>or</u> Apple-A-Day Salad PBJ Jamwich Kit <u>Choose:</u> Tomato Soup Romaine Salad	National Peanut Butter & Jelly Day!  April 2		 <p>Bell Peppers</p>

All menus are subject to change! We do our best to provide our customers with all of our planned options, however, occasionally weather, crops and supplies have other ideas!

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